Technology and Engineering

Grade: K-3   **Minutes:** 30

Being Kind Online: What is Kindness?

ISTE Standards:
Digital Citizen 1.2b
- Engage in positive behavior online

CASEL Competency:
Social Awareness
- Showing concern for the feelings of others

iKeepSafe

WHAT IS KINDNESS?

What is Kindness? Kindness is being a good friend. Kindness is sharing. Kindness is many things. It is important to be kind. Watch this video to learn more. Then, do the activity sheet on the next page.

💡TIP: Ask for help from an adult as you work!

Words to Know:
- Friendship: a friend is someone you can trust and have fun with. Friends are kind to you.
- Sharing: when you let someone use your toys or the things you have.
- Helpful: assisting the people around you.

Watch the video

Do this next:
- Ask an adult to help you print the next page.
- Draw or write kindness messages.
- After you're done, color, cut, and deliver them to others who need them.
- Have fun!

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KINDNESS-GRAMS

Draw or write kindness messages in the boxes. Then cut them out and give them to people to show you care.

To: _____

From: _____

To: _____

From: _____

To: _____

From: _____

To: _____

From: _____

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